



# Life Groups

## Basic Information

### What is a Life Group?

A Life Group is a collection of about 4-15 people who meet for a season of 8-12 weeks to share life together and discover how we are all being called to walk with Jesus!

In your Life Group, you will primarily spend time exploring God's word together. Your Life Group will grow more connected as you begin to learn about each other's lives, discover unique ways to grow in your walks with Jesus, encourage one another to take the "next step" in faith, and learn how to use your unique spiritual gifts to build up 3Crosses and reach your neighbors off of the hill!

Supporting Scripture: Acts 2:42-47; Hebrews 10:24-25; John 13:34-35; Deuteronomy 6:4-9; Matthew 28:16-20; 1 Peter 4:8-11.

## Life Group H.O.S.T. Standards and Requirements

**Transformed by Jesus Christ:** At 3Crosses, we are all about life transformation through following Jesus Christ. In order to bring others towards life transformation, we expect that a Life Group HOST has experienced personal life transformation for themselves.

**Engaged in the Life Transformation Process:** At 3Crosses, we believe life transformation through following Jesus happens when we *gather* together to unite and worship as one church family, *grow* in our relationship with God and others in smaller communities, and *go* wherever God may be calling us to build up the church and edify our surrounding community. In order to bring people into deeper life transformation, we expect that a Life Group HOST is actively engaged with or developing a growing desire to participate in these 3 categories.

**Determined to become a Member of the Family:** At 3Crosses, we desire to journey towards life transformation as a church family united in Christ. In order to bring people towards becoming a part of the family here at 3Crosses, we expect a Life Group HOST to have already become or express a desire to become a member of the 3Crosses family. If you have not become a member of our church, we highly encourage you to check out our discipleship courses!

**A Model of Good Works:** As a Life Group HOST, you will be given the *tremendous* opportunity to represent 3Crosses church. In fact, your Life Group may be the first introduction to 3Crosses for many people in our community! With this in mind, our church staff led by our pastoral elders reserves the right to intervene when necessary as those watching over the souls of 3Crosses Church (Hebrews 13:17). These discernments will be made according to passages describing the character of higher-level servants in the church (1 Timothy 3:8-13), reputable role models (Titus 2:1-10), and the overall character of Christ.

## Commitments of a Life Group H.O.S.T.

A H.O.S.T is someone who has a **H**eart for people that can **O**pen their space, **S**erve a snack, and **T**alk about the Sunday Sermon.

### **I have a Heat for people, but I don't know who will join my group! What should I do?**

One of your roles as a H.O.S.T. will be to extend an invite to the people who are already in your closest circle of friends. Additionally, 3Crosses will come alongside you to publicize your group online and at the ministry center so that our church members can find your group. It's okay if you don't know everyone who will sign-up because we know that the Lord orchestrates all things!

### **I don't know if I have an Open space! Where should I meet?**

This "open space" could be your home, but you could also meet at a workplace, coffee house, restaurant, or any other venue (**Online during COVID-19**). The 3Crosses campus will only be made available under special circumstances, so we highly encourage you to meet "off the hill". Our suggestion is to determine your maximum capacity and consider your group FULL once you have gone 3-5 people above that number anticipating that some group members may not show up. It can be amazing to see what the Lord can do!

### **I don't know if I will be able to serve Snacks! Will people still come?**

In the early church, the apostles broke bread with one another as a crucial part of sharing life together. One suggestion would be to work together as a group to supply food by assigning the responsibility of snacks to some of your group members. Make sure to address any food allergies beforehand!

### **How can I Talk with others about the sermon if I don't know my Bible well enough?**

As a H.O.S.T., your task is to walk through our Sermon Study Guide. The study guide will include icebreaker questions, sample prayers, a wide variety of Scriptures to read, review statements, and questions each week! Your task will be to simply follow the study guide, listen well, love the members of your group, and discover how the Lord is speaking to the group! As you get more comfortable with the study guide, there will be more space to introduce your own questions.

## What are My Next Steps?

**Step 1: Pray:** Our encouragement is that you HOST at the Lord's leading! We encourage you to review the scriptures provided and explore their context to see if the Lord is leading you to become a HOST this season!

**Step 2; Let's set up a 1-on-1 meeting:** If the Lord continues to lead you to become a HOST, let's continue the conversation! We would love to get to know you more and encourage you as you step into our process of becoming a Life Group Host!

**Step 3: Register your Community Group:** Once you have committed to becoming a new HOST in our Life Group Ministry, you will be asked to fill out our group registration form. This will ask more questions about your group's vision and specific details so we can promote your group to the church!