



SUNDAY SAFARI

DO NOT WORRY

We all seem to worry, far more than we should, about so many things in life! We worry about school, work, money, sports, the list goes on and on. But while Jesus was on earth teaching, He shared that we truly showed worry about NOTHING. He takes care of the birds of the air and He will take care of us as we follow Him. It doesn't mean everything will always be easy, but we can trust that He holds us close and will take care of us. Now, we just have to start believing that!

EXPLORING AS A FAMILY:

1. What is something you find yourself worrying about a lot?
 2. Is there anything you are worried about today? What is it?
 3. When you worry about something, does it ever change the situation?
 4. Instead of worrying, what is something you could do that might help you a lot more?
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THIS WEEK'S FAMILY ADVENTURE:

We all worry about things. But with Thanksgiving just around the corner, it helps us to focus on what is going well rather than what isn't going the way we hoped. Take time as a family to talk about all the best parts of your week, your month, even your year!

Thank God for all the good moments and all you have!

*This week's story is from Matthew 6:25-34
check it out as a family together!*