



SUNDAY SAFARI

THE LORDS PRAYER

We know we should pray, we know we need to pray, but we aren't always sure *how* to pray. While Jesus was on earth, He gave us a great example of how to pray through something known as "The Lord's Prayer". He praises God, asks for forgiveness, and then prays for the things He needs. It's a great place to start if you are unsure of how to pray or what to say when you talk to God. You can pray out loud, in your head, in the car, in the shower, it doesn't matter! We just definitely need prayer in our lives.

EXPLORING AS A FAMILY:

1. Who is your favorite person to talk to? Why do you like talking to that person?
 2. Where is somewhere you could pray to God?
 3. What is something you could pray to God about?
 4. What is something you need God's help with today?
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THIS WEEKS FAMILY ADVENTURE:

Have everyone in your family share one prayer request or praise that is on their heart. Then, take time to pray for those things as a family. You could have one person pray or each pray for each other!

*This week's story is from Matthew 6:5-15
check it out as a family together!*