



PREPARATION

- Click to listen to the [Podcast](#) version of Psalms for the Summer Road series!
- If you would prefer to read each entry at your own pace, click to access our [Written Transcripts](#).
- Follow along our reading schedule for each week to keep pace with the study.
- Each question listed below is inspired by the challenges that were presented each entry.
- You **always** have the option to use some or all the questions and/or prepare your own questions.

Introduction Week

Welcome to our Summer Community Group Series titled Psalms for the Summer Road. As you, “hit the road” this summer, we invite you to join 22 members of our 3Crosses staff as we walk through the *ENTIRE* book of Psalms!

That’s right, all 150 chapters! Are you up for the challenge?!?!

Below, we have outlined a reading calendar for your group that follow each episode. Additionally, each entry will include study questions based on the challenges presented in that day’s episode!

We recommend that you (1st) listen and read through all of the episodes throughout the week **then** (2nd) discuss the questions of the previous week with your group.

That means before you start to dive into the Psalms in week 1, make sure everyone has access to the study and here are some introductory questions you can ask your group:

Question #1: Describe your experiences with the book of Psalms up to this point! Here are some possible questions that your group can answer: **What is your favorite Psalm and why? Have you ever read the Psalms from cover to cover before? How has the book helped you the most (or least) over the course of your faith journey? What has been the most challenging aspect of the Psalms that you would like to see addressed in this series? What is the one thing that you are hoping to take away from this series?**

Question #2: *Read Luke 24:44; 2 Timothy 3:14-17* – Both of these texts point out that all scriptures are meant to point us to Jesus. **How have the Psalms pointed you to Jesus as you have read them in the past? How would you like to see your relationship with Jesus grow from now until the end of this series?**



Psalms Reading Calendar and Study Guide

Week 1

Weekly Question: Which entry stood out to you the most this week and why?

Day 1 Reading – Psalm 1:1-3

Questions – Where is your heart when it comes to delighting in the Law of the Lord? What are the reasons that you still believe meditating on His word will actually lead to blessing? How have you been able to hold onto this claim even in the midst of your worst hardships?

Day 2 Reading – Psalm 1:4-6

Questions – Would you consider yourself to be in a season of orientation, disorientation, or reorientation? Which categories of Psalms are you most interested in as we approach this series?

Day 3 Reading – Psalm 2:1-6

Questions – Look around at the circumstances surrounding your life! Which areas feel chaotic and overwhelming right now? What causes you to question your faith in God's ability to handle your situation? Are there any obstacles that may be keeping you from experiencing God? What feels more immediate and more present that God in your daily life? Finally, how might taking the "High View" of God (informed by His word) affect the situation? If David believed that God placed him where he was and would protect him, what would it look like to believe that in your own life? How can you internalize that nothing can stop the plans of God?

Day 4 Reading – Psalm 2:7-12

Postures of Prayer – What makes it difficult to adopt these postures of prayer. (1) Pray for God's kingdom to come as Jesus instructed his disciples. (2) Rejoice that I serve under the reign of King Jesus today! (3) Pray for the governments and nations of our world to conform their national policies and care for their people to reflect God's kingdom values. (4) Pray for those in our world who are living under the rule of wicked and godless leaders and for the leaders of nations to be converted by the true Gospel of Jesus Christ.