

Psalms Reading Calendar and Study Guide

PREPARATION

- Click to listen to the **Podcast** version of Psalms for the Summer Road series!
- If you would prefer to read each entry at your own pace, click to access our Written Transcripts.
- Follow along our reading schedule for each week to keep pace with the study.
- Each question listed below is inspired by the challenges that were presented each entry.
- You always have the option to use some or all the questions and/or prepare your own questions.

Introduction Week

Welcome to our Summer Community Group Series titled Psalms for the Summer Road. As you, "hit the road" this summer, we invite you to join 22 members of our 3Crosses staff as we walk through the *ENTIRE* book of Psalms!

That's right, all 150 chapters! Are you up for the challenge?!?!

Below, we have outlined a reading calendar for your group that follow each episode. Additionally, each entry will include study questions based on the challenges presented in that day's episode!

We recommend that you (1st) listen and read through all of the episodes throughout the week *then* (2nd) discuss the questions of the previous week with your group.

That means before you start to dive into the Psalms in week 1, make sure everyone has access to the study and here are some introductory questions you can ask your group:

Question #1: Describe your experiences with the book of Psalms up to this point! Here are some possible questions that your group can answer: What is your favorite Psalm and why? Have you ever read the Psalms from cover to cover before? How has the book helped you the most (or least) over the course of your faith journey? What has been the most challenging aspect of the Psalms that you would like to see addressed in this series? What is the one thing that you are hoping to take away from this series?

Question #2: Read Luke 24:44; 2 Timothy 3:14-17 – Both of these texts point out that all scriptures are meant to point us to Jesus. How have the Psalms pointed you to Jesus as you have read them in the past? How would you like to see your relationship with Jesus grow from now until the end of this series?



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Week 5

Weekly Question: Which entry stood out to you the most this week and why?

Day 1 Reading – Psalm 72

Question – What would it look like for you to take some time and give praise to God for today, for all He has done, and for all He will do with grateful hearts?

Day 2 Reading – Psalms 73 – 83

Questions – "Freedom, then, is not the absence of limitations and constraints but it is finding the right ones, those that fit our nature and liberate us...Once you realize how Jesus changed for you and gave himself for you, you aren't afraid of giving up your freedom and therefore finding your freedom in him." - Tim Keller (The Reason for God) How would you define freedom? How does this quote challenge your understanding of what freedom is?

Day 3 Reading - Psalms 84-88

Question – Do you have a favorite place where you meet God (A church, a community, a small group)? Where do you see parallels with the condition of your heart as expressed through Psalms 84-89 (Are you praising, lamenting, anticipating)? What is one thing you can do to reconcile your bodily sanctuary with the descriptions of the sanctuaries of God in this section of Psalms?

Day 4 Reading – Psalm 89

Questions – In what area of life do you need to be reminded that God sees you and has not given up on you? How is the Lord challenging you to adopt a posture of praise in your difficult season of life?