

Psalms Reading Calendar and Study Guide

PREPARATION

- Click to listen to the **Podcast** version of Psalms for the Summer Road series!
- If you would prefer to read each entry at your own pace, click to access our Written Transcripts.
- Follow along our reading schedule for each week to keep pace with the study.
- Each question listed below is inspired by the challenges that were presented each entry.
- You always have the option to use some or all the questions and/or prepare your own questions.

Introduction Week

Welcome to our Summer Community Group Series titled Psalms for the Summer Road. As you, "hit the road" this summer, we invite you to join 22 members of our 3Crosses staff as we walk through the *ENTIRE* book of Psalms!

That's right, all 150 chapters! Are you up for the challenge?!?!

Below, we have outlined a reading calendar for your group that follow each episode. Additionally, each entry will include study questions based on the challenges presented in that day's episode!

We recommend that you (1st) listen and read through all of the episodes throughout the week *then* (2nd) discuss the questions of the previous week with your group.

That means before you start to dive into the Psalms in week 1, make sure everyone has access to the study and here are some introductory questions you can ask your group:

Question #1: Describe your experiences with the book of Psalms up to this point! Here are some possible questions that your group can answer: What is your favorite Psalm and why? Have you ever read the Psalms from cover to cover before? How has the book helped you the most (or least) over the course of your faith journey? What has been the most challenging aspect of the Psalms that you would like to see addressed in this series? What is the one thing that you are hoping to take away from this series?

Question #2: Read Luke 24:44; 2 Timothy 3:14-17 – Both of these texts point out that all scriptures are meant to point us to Jesus. How have the Psalms pointed you to Jesus as you have read them in the past? How would you like to see your relationship with Jesus grow from now until the end of this series?



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Week 6

Weekly Question: Which entry stood out to you the most this week and why?

Day 1 Reading – Psalms 90 – 92

Question – Were you able to bring Jesus into your storm this week? Do you have a Sabbath time set aside during your week to actively and intentionally express your gratitude to God? What does that look like for you?

Day 2 Reading – Psalms 93 – 100

Questions – Psalm 100 is a short Psalm that captures this section well. How does your mindset shift when you think about the sovereign reign of God over your life and your situation?

Day 3 Reading – Psalms 101 - 103

Question – Where have you felt "prone to wander"? Where do you need to experience the forgiveness of sins? What thoughts or feelings come to mind when you think about God's rule of love and justice?

Day 4 Reading - Psalms 104 - 106

Questions – What are some of the ways reading God's word challenges you to humble yourself? Can you point to a season in which you delighted in the Law of the Lord? Meditated on it Day and Night? Always knew that God was with you? What was different about that season of life for you? Finally, would you say you *celebrate* Jesus?