

## Psalms Reading Calendar and Study Guide

### **PREPARATION**

- Click to listen to the **Podcast** version of Psalms for the Summer Road series!
- If you would prefer to read each entry at your own pace, click to access our Written Transcripts.
- Follow along our reading schedule for each week to keep pace with the study.
- Each question listed below is inspired by the challenges that were presented each entry.
- You always have the option to use some or all the questions and/or prepare your own questions.

#### **Introduction Week**

Welcome to our Summer Community Group Series titled Psalms for the Summer Road. As you, "hit the road" this summer, we invite you to join 22 members of our 3Crosses staff as we walk through the *ENTIRE* book of Psalms!

That's right, all 150 chapters! Are you up for the challenge?!?!

Below, we have outlined a reading calendar for your group that follow each episode. Additionally, each entry will include study questions based on the challenges presented in that day's episode!

We recommend that you (1<sup>st</sup>) listen and read through all of the episodes throughout the week *then* (2<sup>nd</sup>) discuss the questions of the previous week with your group.

That means before you start to dive into the Psalms in week 1, make sure everyone has access to the study and here are some introductory questions you can ask your group:

**Question #1:** Describe your experiences with the book of Psalms up to this point! Here are some possible questions that your group can answer: What is your favorite Psalm and why? Have you ever read the Psalms from cover to cover before? How has the book helped you the most (or least) over the course of your faith journey? What has been the most challenging aspect of the Psalms that you would like to see addressed in this series? What is the one thing that you are hoping to take away from this series?

**Question #2:** Read Luke 24:44; 2 Timothy 3:14-17 – Both of these texts point out that all scriptures are meant to point us to Jesus. How have the Psalms pointed you to Jesus as you have read them in the past? How would you like to see your relationship with Jesus grow from now until the end of this series?



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#### Week 7

Weekly Question: Which entry stood out to you the most this week and why?

Day 1 Reading - Psalms 107 - 112

Questions – Can you think of a time where you were lost? What was that feeling like? How does that feeling of being lost influence your reading of the Psalms this week?

Day 2 Reading – Psalms 113 – 118

Questions – What are some of the hidden idols in your life that are competing for your worship of God? Think about the desires of your heart that you are trying to satisfy when you go to those idols. What might it look like to trust in the Lord to meet those desires? What are some things about your journey that you can hold onto when you want to turn to these idols?

Day 3 Reading - Psalm 119

Question – In week 1, we asked to identify your current relationship with the word of the Lord. What would you say is your relationship with God's word as it stands today? How have the Psalms challenged your approach to God's word?

Day 4 Reading - Psalms 120 - 134

Questions – As you read the Songs of Ascent, how does thinking about the entire collection as a journey change your thinking? Would you say that this series has challenged you to read collections of Psalms as opposed to one at a time? Why or why not?

Day 5 Reading – Psalms 135 – 137

Question – In what areas of your life do you need to surrender your desire for judgment to God and adopt this new divine perspective?